

For-Credit Internship or Practicum

in Systemic Family Therapy



Calgary
Family
Therapy
Centre

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Purpose

To orient the intern to the concepts and methods of systemic family therapy and to assist the intern in developing specific clinical skills to conduct systemic therapy.

Program Description

- **Learning by observing:** interns will have the opportunity to observe the clinical work of all the therapists on staff.
- **Learning by reflecting:** interns will participate on reflecting teams during the scheduled screenings (consultation interviews conducted by senior staff) and on an ad hoc basis.
- **Learning by doing:** interns will carry a clinical caseload of 10-20 families under live and videotape supervision. The intern is expected to treat a wide range of families and will be assigned a primary supervisor who is a family therapist on staff.
- **Learning by attending:** interns will attend weekly seminars on special topics, theory, and research as daily practice.
- **Learning by sharing:** interns will share personal learnings in group processing discussions.

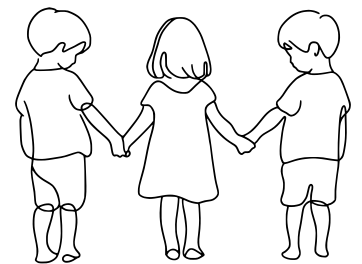
Program Expectations

- The for-credit internship begins the 2nd week of September and runs through the 2nd week of April (with an option to extend supervision until the end of May).

- Interns are expected to be on site 21 hours per week.
- Interns are required to participate in our in-house "Systemic Family Therapy: Theory and Practice" theory seminars, that focus on a bringforthist and IPscopic approach to family therapy. These seminars are taught on-site during the fall term on Wednesday afternoons.
- A defined number of clinical interviews, observations of interviews (with and without contributing/reflecting), and supervisions are expected each week.
- While each intern will be assigned a primary supervisor, they will also receive supervision from others. CFTC has several clinical supervisors from different disciplines, all who have rich experiences in family therapy.

Admission Requirements

- Proof of registration in a Canadian masters or doctoral program, including transcripts.
- Up-to-date curriculum vitae.
- Letter of intent indicating objectives for the training experience.
- Two letters of recommendation from persons who can comment on candidate's present clinical expertise and potential as a therapist.
- Due to conflict-of-interest previous clients who have sought therapy at CFTC will not be considered as eligible candidates.



Application Process

Please send all applications to cftc@familytherapy.org.

An interview will be arranged after the above requirements have been met. Applications will be processed as received. Early application is advised.